

OUR MISSION

*Release all the tension & stress from your life
and heal your soul*

BEAUTY ESSENTIALS

Waxing

1/2 Leg \$35 Full Leg inc Bikini \$65

Under arm. \$35 Bikini \$35

Face, Chin, Upper Lip \$35

Eye Lash & Brow Treatments

Eye lash & Brow tint & Shape \$47

Eye Brow shape includes tint \$35

Eye Lash Lift includes tint & Ellebana Lash conditioning treatment. \$90

Eye Brow Lift includes tint & Ellebana brow conditioning treatment plus shape \$60

Lash & BrowLift & Tint \$125

Manicure & Pedicure

60 minute traditional manicure or pedicure includes exfoliation, masking, massage, cuticles, dry skin buff, nail buff, file, trim & optional paint \$65

Electrolysis Hair Removal

A complimentary consultation prior will answer all your questions.

Minimum 15mins \$30

30mins \$40

45mins \$65

Pre pay 10x 30mins \$300

Make up - on request

SPA FACIALS & SKIN CARE

Focusing on customisation, advanced skin care and hands on techniques that truly work. Guidance is given on how to care for skin topically and internally to get skin functioning at its optimum capacity.

60 Minute Treatment Facial \$130

A Treatment for the active relaxes that enjoy a quick but effective customised botanical skin treatment.

90 Minutes Deluxe Facial \$170

This is a true Spa Facial designed to treat your skin and relax the mind. Relaxing 15 min back massage, 20 min face, neck & De College Massage. Finishing with hands or foot massage. A customised botanical skin care facial will take you on a sensory journey of aromas.

45 Minute Tween/Teen Facial \$75

Focusing on education & establishing healthy skin care routines, this facial includes a consultation to understand lifestyle, nutrition & skin concerns. An important time to capture youthful skin while it goes thru changes. This is just the face so your tween/teen feels comfortable and confident. A great opportunity to ask questions and start a well informed skin care regime.

45 Minute Dermal Needling \$130

Collagen Induction therapy or Dermal needling. Aiding the absorption of Vitamin C an anti oxidant deeply into the skin. Helps with reducing pigmentation spots, blackheads, fine lines and promote collagen and elastin production. Treatments are recommended monthly following a pre and post skin care regime to get the maximum results. Can be included in your monthly facial. A complimentary consultation prior will answer all your questions.

45Minute Resurfacing Power Facials \$145

Medik8 offers a wide range of peel treatments to suit everyone. They are specifically designed to treat different skin concerns and deliver visible results.

MASSAGE

Relaxing massage is slow, rhythmic Swedish massage focusing on deep relaxation to both body and mind. Hot stones are used in all massages (optional)

45 mins \$67

60 mins \$82

90 mins \$122

Spa treatment - Holistic face, head, neck & shoulder, hot oil head massage (optional oil) Deeply relaxing for those that spend a lot of time sitting.

45 mins \$75

Spa Treatment -Spa Foot Soak and Reflexology Foot Massage

30mins \$55

SPA BODY TREATMENTS

Body treatments are essentially a facial for the body. Soften and smooth the skin all over the body while relaxing and addressing any tension in the muscles. You will be left feeling uplifted and nourished.

Peace body treatment.

Body exfoliation, body mask, and massage.

60 min \$150

Peace body treatment

Body exfoliant, body mask, and massage

90 min \$180

Day Spa Retreats

Relax Spa Retreat **160mins \$345**

Revive Spa Retreat **120mins \$260**

refer to www.sanctuaryretreat.nz/day-spa-retreats for more information