



*Relaxation redefined.
Expert care and service
just for you.*



Get In Touch

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www.sanctuaryretreat.nz

Medik8®

BEAUTIFUL SKIN FOR LIFE



The Sanctuary
Wellness Retreat
day spa beauty yoga

Professional Qualified & Experienced

OUR MISSION

*Release all the tension & stress from your life
and heal your soul*

BEAUTY ESSENTIALS

Waxing

1/2 Leg \$30 Full Leg inc Bikini \$60

Under arm. \$30 Bikini \$30

Face, Chin, Upper Lip \$30

Eye Lash & Brow Treatments

Eye lash & Brow tint & Shape \$45

Eye Brow shape includes tint \$30

Eye Lash Lift includes tint & Ellebana Lash conditioning
treatment. \$90

Eye Brow Lift includes tint & Ellebana brow conditioning
treatment plus shape \$60

Lash & BrowLift & Tint \$125

Manicure & Pedicure

60 minute traditional manicure or pedicure
includes exfoliation, masking, massage, cuticles, dry skin buff,
nail buff, file, trim & optional paint
\$60

Electrolysis Hair Removal

A complimentary consultation prior will answer all your
questions.

Minimum 15mins \$25

30mins \$37

45mins \$60

Pre pay 10x 30mins \$270

SPA FACIALS & SKIN CARE

Focusing on customisation, advanced skin care and hands on
techniques that truly work. Guidance is given on how to care
for skin topically and internally to get skin functioning at its
optimum capacity.

60 Minute Treatment Facial \$120

A Treatment for the active relaxes that enjoy a quick but
effective customised botanical skin treatment.

90 Minutes Deluxe Facial \$150

This is a true Spa Facial designed to treat your skin and relax
the mind. Relaxing 15 min back massage, 20 min face, neck &
De College Massage. Finishing with hands or foot massage. A
customised botanical skin care facial will take you on a
sensory journey of aromas.

45 Minute Tween/Teen Facial \$70

Focusing on education & establishing healthy skin care
routines, this facial includes a consultation to understand life-
style, nutrition & skin concerns. An important time to
capture youthful skin while it goes thru changes. This is just
the face so your tween/teen feels comfortable and confident.

A great opportunity to ask questions and start a well
informed skin care regime.

45 Minute Dermal Needling \$120

Collagen Induction therapy or Dermal needling. Aiding the
absorption of Vitamin C an anti oxidant deeply into the skin.

Helps with reducing pigmentation spots, blackheads, fine
lines and promote collagen and elastin production.

Treatments are recommended monthly following a pre and
post skin care regime to get the maximum results. Can be
included in your monthly facial. A complimentary
consultation prior will answer all your questions.

45Minute Resurfacing Power Facials \$135

Medik8 offers a wide range of peel treatments to suit
everyone. They are specifically designed to treat different
skin concerns and deliver visible results.

MASSAGE

Relaxing massage is slow, rhythmic Swedish massage
focusing on deep relaxation to both body and mind. Hot
stones are used in all massages (optional)

45 mins \$65

60 mins \$80

90 mins \$120

Spa treatment - Holistic face, head, neck & shoulder, hot
oil head massage (optional oil) Deeply relaxing for those that
spend a lot of time sitting.

45 mins \$65

Spa Treatment -Spa Foot Soak and Reflexology Foot
Massage

30mins \$50

SPA BODY TREATMENTS

Body treatments are essentially a facial for the body.

Soften and smooth the skin all over the body while
relaxing and addressing any tension in the muscles. You
will be left feeling uplifted and nourished.

Peace body treatment.

Body exfoliation, body mask, and massage.

60 min \$120

Peace body treatment

Body exfoliant, body mask, and massage

90 min \$150

Day Spa Retreats

Relax Spa Retreat **160mins \$300**

Revive Spa Retreat **120mins \$240**

refer to www.sanctuaryretreat.nz/day-spa-retreats for
more information